



# History of Karate (Part 3)

*Gōjū-Ryū Karate, like other Japanese martial arts, has roots going back hundreds of years. Many people throughout history have made valuable contributions to the techniques we use today. At Sabater's Martial Arts Center, we teach our students to learn and respect these traditions and contributions, which enriches their knowledge, understanding and appreciation.*

## Development of Gojuryu Karate (1960's to Present)

